

Ka Jingleit niah Cycle sha Umngot: Ka jingiaid lynti ban shem ia ki sla jong ka history bad ki Jaka

This blog in Khasi was first published in English as: Bhogtoram Mawroh, 'Cycling to the Umngot River: A Journey through Khasi History and Landscape?' available on this [link](#)

BHOGTORAM MAWROH

Ha kine ki khyndiat snem ka wah Umngot ka la paw pyrthei bha namar ki um kiba khuid khliir khliir bad ba ki nongjngoh na kylleng ka pyrthei ki wan ban peit iapbieij bad lehkmien ha ka. Ka wah Umngot ka mih na ka tyllong kaba don ha ki lum Khasi bad ka tuid arsut sha ki them shaphang shathie bad lynter lynti ka thaw ia ki kshaid bad la wan snoh sa kiwei de ki shnat wah kiba iatuid lang bad ka sha ki them jong ka Surma ha Bangladesh. Haba buddien ia ka wah Umngot naduh tyllong haduh ka jaka kaba kut ba ka pynnoh ialade, lah ban shem ne iohi ia ki lum ki them, ki jingthung jingtep, ki jingpywandur kiba pher ha ka mariang bad ka jingim jong kito ki trai shnong trai muluk kiba la im ha syndah jong ka wah Umngot lyngba ki pateng kiba bun bah. Ban iohi da la ki jong ki khmat nga la buh thong ban niah da ka cylce shaduh sha wah



Umngot bad nga la pyndep ia kata ha ka lyngkhuh snem ba 78 jong ka Jinglailuid ka Ri India.

Ban pyndep ia kane ka jingangnud jong nga, nyngkong eh nga la hap ban niah ia ka cycle sha Smit, kaba long ka Nongbah jong ka Hima Khyrim. Ka Hima Khyrim ka dei ka Hima kaba mih na ka Hima Shyllong, kawei na ki Hima kaba mih

nyngkong eh ha kine ki lum Khasi bad hadien la phiah ia ka ha ki ar tylli ki Hima, ka Hima Mylliem bad Hima Khyrim. Ka sawdong sawkun jong ka shnong Smit te ka paw ba ki lum ki la syllen, laitnoh sa tang ha ki katto katne ki jaka ne ki madan phlang ba dang don ki diengkseh kiba ieng. Kane ka bteng haduh u mawpud uba khatduh jong ka Hima bad

hapteng yn shem ia ki lhuh ba la pynkad da ki wahrit, ki wahheh bad ka wah Umngot. Ia kine ki lhuh bad riat la jer ia ki da ka Ri War bad ha kine ki lhuh ne ki riat la buhai shnong da ki kynhun bynriew kiba long shi bynta na ka Jaitbynriew Khasi kaba la saphriang kylleng ki jaka bad kine ki nongshnong shnong ki long ruh ka kynhun kaba la mlien bad pyntbit ialade ban buhai shnong ha ki jaka riat, kiba kiwei ki briew ki shem shitom wat ban iaaid. Dei sha kine ki riat, ki ram, ki lum ki them ba nga niah bad kynjat ia ka cycle.

Ka shnong Smit ka dei kawei na ki shnong kaba la rim tam kaba la mih bad don ha syndah jong u Lum Shyllong, uba long u Lum uba kyntang bad ba ka tyllong jong ka wah Umngot ka mih na une u Lum tang kum i wahduid iba tuid na ki padun shaphang mihngi. Na u Lum Shillong la phiah ia ka jingtuid jong ki wah ha ki ar bynta; kita ki long ki wah kiba tuid shaphang shatei bad kiba tuid shaphang shathie, bad ka wah Umngot ka tuid shaphang shathie. U Lum Shillong na kaba ka wah Umngot ka mih u long u lum uba kyrpang naduh ba ki Khasi ki la poi ha kine ki lum kumba 5000 hajar snem mynshuwa. Shaphang sepngi jong u Lum Shillong ka don ka shnong Myrkhan ha kaba la shem ia ki tiar ki tar bad ki dak ki shin jong ka juk Neolithic kaba la im



kumba 4000 snem mynshuwa. Kumba 15 Km shaphang mihngi pat ka don ka shnong Nongkrem, ka shnong kaba marjan bad ka Smit, ka shnong kaba ki riethwet jingtip ki shem ba ka dei ka shnong kaba la rim tam ha ka kam saiñ nar ha ka thaiñ shatei lam mihngi kaba la jia kumba 2000 snem mynshuwa. Namarkata ki shnong kiba ka wah Umngot ka mih bad sdang ia ka jingiaid lynti ki long ki shnong kiba la rim bad shlei da ki khanatang kiba la palat hajar snem ka rta, kaba kynthup ia ka khana shaphang ka Pah Syntiew. Kane ka khana ka pynpaw ba dei hangne ba ki Khasi ki sdang ban saiñdur ia ka synshar, ka bishar.

Hadien ka shnong Smit ka don sa ka shnong Jongksha, kawei pat ka shnong kaba heh ha kane ka thaiñ. Hangne ki nongshong

shnong ki pyndonkam ia ka Rep Shyrtie, hynrei ki don ruh ki lyngkha kba ki thiah lyngngai harud ki ar tylli ki wah, kita ka wah Umliew bad wah Umngot. Ka wah Umliew hadien ka snoh bad tuid lang bad ka Umngot shaduh bakut jong ka jingiaid lynti. Ha ka jingshisha ia ka wah Umngot la pyndap bad pynshlei da kiwei pat ki wah ne shnat wah ha shuwa ba kan sngaid bad heh bad oh ia ki lum bad ki them kiba ka lynter jong ki ka long palat ia ka shi kilometer bad dei ha kine ki them ba ki nongshong shnong ki rep kba. Ha ki sngi shuwa ka jingwan synshar ka sorkar British, ki Hima bapher ki ju ia knieh ia kine ki them bad ki pyntha kba kiba doh ha shi lynter jong ka rud wah Umngot. Na ka por sha ka por ki Hima bapher ki ju ia lehthma hapteng jong ki ban io h kurup bad ksoh ia kine ki jaka na ka bynta ban pynmih



bam bad kamai. Ka wah Umngot ka tuid napdeng ki ar tylli ki Hima, kata ka Hima Khyrim bad ka Hima Jaiñtia. Ki nongshong shnong kiba hap hapoh kine ki ar tylli ki Hima ki kynmaw ia ki khana pateng shaphang ki thma hapdeng kine ki ar Hima.

Nangta, hadien ba nga la iaaid palat ia ka shnong Jongksha nga poi tiap ha ka lad kaba phiah ia ar tylli ki surok, kawei ka surok kaba leit sha Mawkynrew bad kawei pat kaba lam sha kadiang kaba leit sha Nongjriong, ka shnong kaba la pawnam bad ki nongjngoh kai ki ju leit ban khmih kai ia ki lyoh kiba ki sdien ldui ha suiñ bad halor ka them jong ka wah Umngot. Na Nongjriong nga kdat sha ka lynti kaba pynnoh kumba 600 meter ei ei haduh ban da poi ha them. Kita ki pyntha ne ki madan ba jyrngam

bad ki dieng kseh ki plie lynti ruh ia kiwei ki jingthung sla bad ki siej kiba mih shi lynter. Hyndai ki nongrep ki pyndonkam ia ka rep Rep Shyrtie, kaba hapdeng 10-15 snem, ha ki sharing jong ki riat. Ki don kiba dang leh ia kata haduh mynta, hynrei kiba kham bun ki la rep synsar, uba long mynta u mar rep uba lah ban pynmih pisa shibun. Ha lynti nga sakhi ia ki kali pickup kiba wan kit synsar kiba ieng ha ki phyllaw iingbriew. Watla, ka rep synsar ka lah ban pynheh ia ka kamai kajih, pynban ka long kaba mysaw namar ka rep synsar ka kjit ne pynryngat ia ki tyllong um bad ki umpohliew. Nangta ki dawai kiba iaada na ka jingbam khñiang ba ki nongrep ki kynshait halor ki synsar ki tuid beit beit sha ka wah Umngot. Katba nangbun ki jaka ba rep synsar, ka jingktah ia ka wah Umngot bad ki jingim kiba

don hapoh jong ka kan nangjur bad nangsniew ha ki snem ki ban wan.

Sa kawei pat ka jingma kaba ap ia ka wah Umngot ka long ka jingthmu ban den ia ka na ka bynta ka jingpynmih bording kaba kotbor sha ka 210 MW. Halor kane ka jingthmu ban den ia ka wah Umngot, ki paidbah nongshong shnong jong ki shnong, kum ka Umsawwar, kaba jngai kumba 12 KM na Nongjriong bad kiwei de ki shnong kiba la im ja na ka wah Umngot da ki pateng bynrrew haduh mynta, ki la ieng bad iakhih pyrshah ia kane ka jingthmu. Namar ka jingpyrshah kaba jur na ki nongshong shnong ki bor Sorkar ki la pynsangeh noh shuwa ia kane ka kam ia mynta shipor. Ka lah ban poi ka por ba ka Sorkar kan sa pynim bad pyntreikam ia kane ka jingthmu ha ki snem ban wan.

Katba nga nang hiar arsut, ka surok ka nang sniew nang sniew bad pei thliew lynter lynti. Hynrei haba nga phai sha ka liang ka mon katno ka jingithiang ka sawdong sawkun. Yn shem ruh ia ka jingot ne tih kyrdan ia ki sharing lum ha kaba ki nongshong shnong ki rep kba. Ym ju kham shem koit ba ki Khasi kin rep kba kumne ha ki sharing lum bad nga sngew kumba nga don ha ka shnong jong ki Chakesang, kawei na ki kynhun jong ka

Jaitbynriew Naga, kiba im ha ka shnong Phek ha Nagaland. Ki don ki wahduid kiba tuid lyngba kine ki kyrdan kiba leit snoh lang bad ka wah Umngot. U khaw u dei u jingbam ba kongsan jong ki Khasi bad ki Khasi kiba dei na ka thymmei jong ki kynhun jaitbynriew Austroasiatic kiba la wanrah ia ka rep kba sha ki phang ba shathie lam mihngi jong ka dewbah Asia mynba ki dang krih ban leit buhai shnong na kawei ka jaka sha kawei pat. Ka dei kane ka jingkrih kaba wanlam ia ki Khasi ba kin poi sha kine ki Lum bad ki la wanrah ryngkat bad ki ia kane ka rukom rep kba, kaba long ruh ka rukom rep kba kaba jur ka jingmih. Kane ka rukom rep kba kan ym long kaba seisoh lynda ka wah Umngot ka pynkha bad oh ia ki them. Kumta ki jingthung jingtep bad ka wah ki don ka jingiadei kaba jan haduh katta katta. Kawei kam lah ban long khlem kawei pat.

Ynda nga la poi ha trai jong ka riat, nga kynduh ar tylli ki lad. Kawei kaba lam sha Nongjriong bad kawei pat sha wah Umngot. Nga bud ia ka lynti kaba leit sha Nongjriong kaba ki dang shu lah thaw, pynban nga iaaid tang katto katne kilometer, ka surok ka sniew palat bad ka la kylla surok khyndew bad dap tang ki mawria, shyiap bad khyndew.

Tang katto katne por nga shem ba ka la shitom ban kynjat bad ki shaka jong ka cycle ki la sdang ban tyllun suki. Nga la hiar ban peit ia ki shaka nga shem ba ki maw ba nep ki la dung pei lyer ia ka shaka dien jong ka cycle. Kumta nga la marmot bad tah ia kita ki bynta kiba pei bad nga la kynjat shakmat lynti. Ha lynti nga la iaikynduh ia ki nongap masi bad ki rawon kiba leit khwai doh. Katba nga dang shna marmot ia ka shaka ki rawon kiba iaaid nangta ki la kren bad kylli ia nga naei ba nga wan. Ki lyngngoh shikatdei ba nga kynjat ia ka cycle naduh Shillong. Shuh shuh, nga la iaikynduh ia u kpa bad u khun kiba niah da ka motor ar shaka bad u kpa u la pynithuh ia nga ba u dei na ka shnong Lumparing bad ba u la poikha ha kawei na ki shnong kaba don ha syndah ka Nongjriong. Kumba long ka riti jong ki Khasi hadien ba u la poikha u la wan shong sha shnong jong ka tnga.

Nga la don mynta ha trai duh jong ka riat bad nga lah ban ioi ia ka wah, kaba lambyrktieh namar ka jingther u slap mynmiet. Ha baroh ar liang jong ka wah ki don ki pyntha kba bad ki iingtrep jong ki nongrep kiba sahmiat ban ap pahara ia ki lyngkha. Kham pajih nangta haba kut jong ka pyntha ka don ka jingkieng

kaba pyniasnoh ia kawei ka liang jong ka wah bad kawei pat. Nga la kwah ban leit sha kata ka jingkieng, hynrei ka lynti kam long shuh ban niah da ka cycle lait sa tang ban iaaid da ka kjat. Lehse ha kawei pat ka snem, kin sa lah ban shna pynbha ia ka surok bad ngan sa wan biang. Ka lung ka mynsiem ban peit ia ka jingitynnad bad ka jinglong jong ka sawdong sawkun kaba palei kum kato ka khep kaba ym pat shym don mano mano ba pynjngut. Namarkata ngan ia kynmaw tympanyng ia ka.

Ka la por ka la iaaid bad ka sngi ka ka nang shoh bad nga la theh syep shikatdei, kumta nga la mih noh ban leit phai. Nga la kiew nangta na ka them jong ki pyntha ba itynnad bad sangeh shipor ban pyntngen ialade ha i umpohliw iba kyrsoi na ka jinghap u slap, nga la sei ia i ja shulia iba nga la song bad kynjat biang ia ka cycle sha Jongksha, Smit bad shaduh sha Shillong bad ka la shim por haduh kumba phra kynta. Nga la jrem ka met ka phad, ngam lah shuh ban shet bam ialade ha iing, nga la shu thied online ban bam bad hadien ba la dep bam nga la ioi thiah lyngngai. Ka jingleit kaba jrem, hynrei kaba pynhun mynsiem bad ha kawei pat ka por ngan sa leit haduh kata ka jingkieng.

Kane ka jingiathuhkhana la pynmih ruh ha ka kotkhubor U Nongsaiñ Hima (Shillong), 11 Tarik Rymphang, 2026. Phi lah ban bud ia kane [link](#) hangne.

(The views expressed in the article are those of the author and do not reflect in any way his affiliation to any organisation or institution)



*Dr Bhogtoram Mawroh,
bhogtoram@watcon.org*

Dr Bhogtoram Mawroh is a Research Consultant on the WATCON project. He is a geographer by training and does research and helps to design interventions on issues connected to Agrobiodiversity, Agroecology, Food Sovereignty and Indigenous Food System in North East India in general and Meghalaya (India) in particular. These research interests are complimented by activism which include organizing movements and influencing public narrative on issues of identity, nature of economic development, workers' rights, environment and policy impacts.

The project Addressing the Multi-scalar Dimensions of Sectoral Water Conflicts Through the Lens of Water Security: Lessons from South Asia (WATCON)' is hosted in the Law, Environment and Development Centre (LEDC) at SOAS. It was assessed by the European Research Council (ERC) under the European Union's Horizon 2020 research and innovation programme. It has received funding from UKRI under the UKRI Frontier Research grants scheme.

For additional information, please refer to www.watcon.org or send a message to info@watcon.org

